

Healthy Health Plan



How does it work?

The Healthy Health Plan helps members age 18 and over be and become healthy. You simply go to myhealth.fchp.org and fill out the health assessment to get an overall picture of your current health.

If you're already in great health based on your assessment, terrific! If you could use a little help to get healthier, you can choose to participate in a customized action health plan that may include health coaching, wellness workshops, interactive tools and more. All eligible members over 18 can participate in the program.

What are some of the key features?


The Healthy Health Plan provides you with access to:

- Interactive tools and calculators—includes meal plans, exercise tutorials, cardio/strength training logs and food logs.
- Health coaching—online and telephonic access to nurses and other healthcare professionals.

Access our mobile app!

To start using Healthy Health Plan from your smartphone or mobile device, follow these steps.

First, on your desktop computer/laptop:



1. Log in to My Healthy Health Plan from your computer to set up a mobile account.
2. Click on the following image on your homepage: 
3. FCHP is your portal code. You will use this when you first sign in to the mobile app.
4. Follow the prompts to create a PIN.

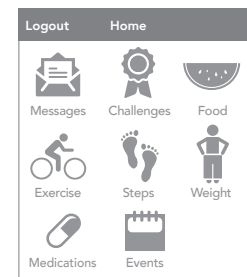
Download the mobile app

Take My Healthy Health Plan on the go! Use the food log, exercise tracker and more.



Next, on your mobile device:

1. Go to either the Google Play Store or iTunes App Store to download the HealthyNow app to your mobile device.
2. Open the App on your mobile device and enter FCHP for the portal code. Click "Activate." 
3. Enter your phone number and the PIN that you created when you registered your mobile account.
4. The Healthy Health Plan dashboard now displays: 



How to log in:

- Go to myhealth.fchp.org. Click on "Register New Account". You will need your City of Worcester Advantage ID number.